

SYDNEY SPEED SKATING

From Chris Robson, Secretary

Date: March 1st, 2023

Held over two consecutive weeks at Macquarie Ice Rink Friday 10 and Friday 17 March, the first session consists of grading time trials and the second session will be when the races are held.

Entry: skaters must participate in time trials on the first Friday 10 March (cost: the usual \$30 training fee payable to SSS) and then they will be eligible for free entry to the races being held on Friday 17 March.

Skaters are on ice at 7 pm, so please arrive in time to warm up and assist with mats at 6.30 pm

Registered AIR club skaters and registered skate schoolers may enter.

Safety Reminder: all skaters need to wear the following protective items: helmet, gloves, shin guards, knee pads, and long-sleeved clothing with legs covered. Skaters over the age of 15 need to wear cut resistant racing suits.

See also the announcement on www.sydneypeedskating.com and if you have any further questions you may contact SSS via info@sydneypeedskating.com