



AUSTRALIAN ICE RACING

**AUSTRALIAN OPEN SHORT TRACK SPEED SKATING
CHAMPIONSHIPS**



Friday 30th SEPT: 7am – 2.30pm

Saturday 1st OCT: 7am – 2.30pm

Sunday 2nd OCT: 7am – 11am



**O'BRIEN ICEHOUSE:
105 PEARL RIVER RD, DOCKLANDS**

**Proudly sponsored by
Victoria State Government**



Registration opens on Monday 1st August and closes on Sunday 4th September 2022 at 5.00pm

Click [here](#) for individual entry

Click [here](#) for club relay entry

Click [here](#) for lunch ticket

Click [here](#) for T-shirt

CONTACT

All queries should be addressed to the Event Coordinator: Bill Younger

Email: virapresident@gmail.com

Mobile: 0408 325 675

ENTRIES

Only electronic entries (using Visa and Mastercard) payments will be accepted.

Online entries for the competition will be available on the AIR website from 1st August and the closing dates are listed as follows:

[Click here](#) for individual entry (closing date Sunday, Sept 4th)

[Click here](#) for club relay entry (closing date Sunday, Sept 4th)

[Click here](#) for lunch ticket (closing date Sunday, Sept 4th)

[Click here](#) for T-shirt purchase (order must be placed and paid by Fri, Aug 26th)

Lunch tickets must be purchased in advance and will be sold on a first come, first serve basis. As tickets will sell out and last minute requests for tickets may not be possible, it is highly recommended that you purchase lunch ticket at the same time as you register for the competition.

A late fee of \$50 will be charged for entries submitted from 5th September to 11th September 2022. No entries will be accepted after 11th September.

Entries without best time for 500m will be drawn at the Competitor Steward's discretion.

RINK

The competition will be held at: O'Brien Icehouse
105 Pearl River Road
Docklands Victoria 3008

GENERAL INFORMATION

COMPETITION REGULATIONS – The competition will be conducted under current ISU and AIR competition rules, where applicable and where appropriate.

COMPETITOR REGISTRATION - Competitors must register at the competition desk before the first session; they may register at the training session or at a time or date as set by the Organising Committee.

For International competitors, the following will apply:

- must provide evidence of clearance from their National Federation.
- must have their own travel and medical insurance which provide cover for participation in ice speed skating training and competition.
- Australian Ice Racing Inc. will assume no liability of injuries during training and competition of the event.

ID and EQUIPMENT

- Competitor identification is required for access to O'Brien Icehouse at all competition sessions.
- AIR helmet covers must be worn during races. Helmet covers will be issued by your State Association.
- All international skaters will be issued a helmet cover. A deposit of \$20 is required to be paid by credit card only when registering at the competition registration desk. The deposit will be fully refunded when helmet covers are returned at the completion of the competition.
- All skaters will be issued with a set of transponders (2) and a deposit of \$50 is required to be paid by credit card only when registering at the competition registration desk. The deposit will be fully refunded when transponders are returned at the completion of the competition.
- For any helmet covers damaged, lost or not returned at the completion of the competition, deposit paid will not be refunded.
- For any transponders damaged, lost or not returned at the completion of the competition, deposit paid will not be refunded and an additional \$50 will be charged to the credit used for the deposit.
- Australian Ice Racing Inc reserves the right to inspect competitor's equipment before and during the competition.
- Skaters must have, and use, all safety equipment: shin and knee pads, neck guards, ISU-compliant helmet, and gloves, in training as well as in competition.
- As approved by AIR'S state members in the General Meeting held on 25th August 2012, the following will apply from 1st July 2013. All skating members of affiliated clubs and state associations of AIR Inc, who have reached the age qualification of Junior age and above (i.e. 15 and above), and any Sub Junior skating members of affiliated clubs and state associations of AIR Inc who wish to skate in the Junior division of any AIR sanctioned events must wear a cut Resistant Racing Suit as defined by ISU regulation to protect the body as stated in ISU Communication No. 2400 (section 2.1) and meet the mandatory minimum criteria of EN388 Cut resistant Level 2 or Cut Resistant under garment. AIR Inc highly recommends that all other skaters to wear either a Cut Resistant Racing Suit or Cut Resistant under garments in all AIR sanctioned events.

COACHES & ATHLETES BRIEFING – The Referee may give a briefing on rules at a date and time to be set by the Organising committee. Coaches, State or Country managers, and athlete's representatives are encouraged to attend.

ANTI-DOPING

Australian Ice Racing Inc and its affiliates have adopted the AIR Anti-Doping Policy. Competitors at this competition may be subject to testing.

It is the responsibility of all skaters to be familiar with the policy and ensure they achieve compliance.

The prohibited list can be found on the Sport Integrity Australia website and click [here](#) to check your substance online. All competitors must make themselves aware of the content of any ISU Communication on Drug testing use in short track speed skating. Copies will be available from state secretaries or at AIR www.australianiceracing.org or ISU www.isu.org or Sport Integrity Australia <https://www.sportintegrity.gov.au/>.

POLICIES AND CODE OF CONDUCT

CODE OF CONDUCT – The following Australian Ice Racing Inc's code of conduct will apply. Breach of such conduct may result in being removed from the event.

<https://australianiceracing.org/policies/>

- Athlete's code of conduct
- Player/Participant Code of behaviour
- Coach's code of conduct
- Spectator's code of conduct and behaviour
- Official's code of conduct
- Parent/Guardian code of conduct
- Administrator/Volunteer code of conduct

POLICIES – Australian Ice Racing Inc's policies, including but not limited to the following, will apply and it is the competitors' responsibility to familiarise such policies on AIR Inc's website: <https://australianiceracing.org/policies/>

- Social Media policy
- Member Protection policy
- Anti-doping policy

DIVISIONS & DISTANCES

The competitor's division is based on age as at 1st July 2022

Age Divisions for Ladies and Men:

- Nipper under 9 Must be under 9 by 1 July 2022
- Midget 9 – 11 Must be 9 and under 12 by 1 July 2022
- Sub-Junior 12 – 14 Must be 12 and under 15 by 1 July 2022
- Junior 15 – 16 Must be 15 and under 17 by 1 July 2022
- Senior 17 – 30 Must have reached 17 by 1 July 2022
- Masters Divisions and Distances:
 - Age as at 1 July in the year of the competition:
 - 30 to 34 years
 - 35 to 39 years
 - 40 to 44 years
 - 45 to 49 years
 - 50 to 54 years
 - 55 to 59 years
 - And each 5-year division after 60 years
- Athletes With Disabilities

Distances for Ladies and Men:

- Nipper 111m, 222m, 333m, 500m
- Midget 222m, 333m, 500m, 777m
- Sub-Junior 333m, 500m, 777m, 1000m
- Junior 500m, 777m, 1000m, 1500m
- Senior 500m, 1000m, 1500m, 3000m
- Masters 500m, 777m*, 1000m, 1500m
- Athlete With Disability 222m, 333m, 500m

* From 1st July 2022, the 3000m individual distance in the Masters division had been replaced by the 777m individual distance, which is aligned with the Masters International Shot Track Games

Relay Divisions and Distances:

Senior Men	Senior Ladies	Senior Mixed*	Master Men	Master Ladies	Junior	Sub-Junior	Midget**
Heats 3000m Final 5000m	3000m	2000m	3000m	3000m	3000m	3000m	2000m

Note:

* Each mixed relay team will comprise of 2 male and 2 female skaters. Only 1 senior team can be entered by each club/country. Senior mixed relay will only be run at the total discretion of AIR based on the number of entries, race program timing and the recommendation from the referee after consideration of skaters' abilities and safety issues.

** Midget division relay will only be run at the total discretion of AIR based on the number of entries, race program timing and the recommendation from the referee after consideration of skaters' abilities and safety issues. Clubs are encouraged to enter teams for Midget relay and the entry fee will be fully refunded if the relay is not run or certain team is not included in the relay.

INDIVIDUAL RACES

- a. A skater may enter only one division for the individual competition.
- b. A skater may race up only one age division from their natural age division, unless:
 - I. The skater wishes to skate in the senior division for their gender, **and**
 - II. The skater has reached 14-years of age before the 1st of July preceding the competition, **and**

- III. The skater has achieved 2 of 3 distances in the current or previous season for the Senior division relevant to their gender as shown in the following table:

	500m	1000m	1500m
Senior Men	46.20	1:34.50	2:27.50
Senior Ladies	47.80	1:39.00	2:35.50

- IV. Achieved those times either at the previous and current season's International Competitions, National Championships, State Championships, events (including club racing) that are sanctioned by AIR and AIR's affiliated state members, testing conducted by coaches as per the AIR Sports Development Program, or sanctioned Time Trials as per the AIR National Selection Policy.
- V. The skater will be able to compete in a relay in their natural age group and/or in a senior/open relay team.
- c. A Masters division skater may race down into the senior division for the individual competition however will not be able to compete in the Masters division in the same competition. They may skate in both the Senior and Masters relay events at the same competition.

Nipper, Midgets and Sub-Junior individual distances will be run for both boys and girls if sufficient numbers are entered. If there are insufficient entries, then both boys and girls will be combined.

Individual events will be run for both Ladies and Men in the Junior, Intermediate and Senior divisions. In the Junior division, if insufficient entries are received then competitors are automatically moved to the Senior division. The Organising Committee will advise entrants if any of the above alterations are required. The competitor steward has full discretion of actual divisions run for the competition depending on the entry numbers.

If there are insufficient entries in the Ladies Masters division, then competitors will be automatically transferred to the appropriate Men's Masters division. From 1st July 2022, the 3000m individual distance in the Masters division had been replaced by the 777m individual distance, which is aligned with the Masters International Shot Track Games.

RELAYS

- A skater may race in any age divisions for a relay team in which they qualify, but may not race in any more than two age divisions higher than their natural age division.
- Names of any skaters who are to be skated up for the Midget relay from Nipper must be submitted at the same time as the entry form for prior approval before the event.
- Masters may only skate down into a senior division relay.

Multiple entries within a division will be accepted. Clubs must declare the entrants for each team 30 minutes prior to the commencement of relay racing for that division. No changes will be permitted beyond this point except where a team has nominated a reserve that is not a member of any other team.

Each mixed relay team will comprise of 2 male and 2 female skaters. Only 1 senior team can be entered by each club/country. Senior mixed relay will only be run at the total discretion of AIR based on the number of entries, race program timing and the recommendation from the referee after consideration of skaters' abilities and safety issues.

COACHES AND ATHLETES BRIEFING

The AIR will be holding 2 briefings for coaches and athletes:

Thursday, 29th September 2022 – 7pm

Thursday, 29th September 2022 – 8pm

All team leaders, coaches, athletes and parents of athletes under 18 are requested to attend either one of the briefings.

PRACTICE ICE SESSION TIMES

TRAINING:

Thursday, 29th September 2022

Nippers, Midgets and Sub juniors	5.30pm to 6.30pm
Juniors, Seniors and Masters	6.45pm to 7.45pm

RACING:

Day 1. Friday, 30 th September 2022	7.00am - 2.30pm
Day 2. Saturday, 1 st October 2022	7.00am - 2.30pm
Day 3. Sunday, 2 nd October 2022	7.00am – 11.00am

Note: Competition times may change depending on the number of skaters entered

FEES

TRAINING FEES

All divisions **\$20.00**

Payable on entry to the session

COMPETITION FEES

Nipper, Midget & Sub-Junior: **\$175.00**

All other divisions: **\$210.00**

Relay Teams: **\$160.00**

Competition fee must be paid (Visa or Mastercard card) via online registration system by 4th September 2022.

A late fee of \$50 will be charged for entries submitted after 4th September 2022. No entry will be accepted after 11th September 2022.

PRESENTATION LUNCH AND MERCHANDISE

Please note that tickets to the Presentation lunch, where medals and awards are given, are not included with athlete registration and must be purchased separately. This year, the lunch will be held the RACV club, located in Melbourne’s CBD with spectacular views from 17th floor. <https://www.racv.com.au/travel-leisure/racv-club/city-club/conferences-events/venues.html#level17>

Tickets for the presentation lunch are limited and will be sold on a first come, first serve basis. Once tickets are sold out, we can put your name on a waiting list should any tickets become available.

Details of the Presentation lunch are as follows:

Date: Sunday, 2nd October 2022

Time: 12pm to 4pm

Venue: RACV Club Melbourne, 501 Bourke Street, Melbourne, VIC, 3000

Cost: Adult - \$85 (2 courses meal), Children (12 and under, 2 courses meal) - \$40, cash bar

If you are not a competitor and are not registering for the competition, follow the links below to purchase your lunch tickets and merchandise:

Lunch ticket - [click here](#) to purchase your lunch tickets (closing date Sunday, Sept 4th)

T-shirts - \$27 – [click here](#) to purchase your T-shirts (closing date Friday, August 26th)



Tshirt Size Chart

Mens tshirt size chart										
Measurements:CM	M-2XS	M-XS	M-S	M-M	M-L	M-XL	M-2XL	M-3XL	M-4XL	M-5XL
body length	64	66	68	70	72	74	76	78	80	82
1/2 chest (1"below armhole)	47	49	51	53	56	59	62	65	68	71
1/2 bottom	47	49	51	53	56	59	62	65	68	71
neck width	17.8	18.2	18.6	19	19.4	19.8	20.2	20.6	21	21.4
sleeve length	18.6	19.4	20.2	21	21.8	22.4	23	23.6	24.2	24.8
1/2 sleeve opening	15.8	16.8	17.8	18.8	19.8	20.6	21.4	22.2	23	23.8
Womens tshirt size chart										
Measurements:CM	W-2XS	W-XS	W-S	W-M	W-L	W-XL	W-2XL	W-3XL	W-4XL	W-5XL
body length	56	59	62	65	68	71	74	76	78	80
1/2 chest (1"below armhole)	40	43	46	49	52	55	58	61	64	67
1/2 bottom	40	43	46	49	52	55	58	61	64	67
neck width	17.8	18.2	18.6	19	19.4	19.8	20.2	20.6	21	21.4
sleeve length	16.4	17.1	17.8	18.5	19.2	19.9	20.6	21.3	22	22.7
1/2 sleeve opening	13.2	14	14.8	15.6	16.6	17.4	18.2	19	19.8	20.6
1/2 waist	35	38	41	44	47	50	53	56	59	62
Kids tshirt size chart										
Measurements:CM	Y-XS	Y-S	Y-M	Y-L	Y-XL	Y-2XL				
body length	47	50	53	56	61	63				
1/2 chest (1"below armhole)	35	37.5	40	42.5	45	47.5				
1/2 bottom	35	37.5	40	42.5	45	47.5				
neck width	8.6	8.7	8.8	9	9.3	9.5				
sleeve length	12.5	13.5	14.5	15.5	16.5	17.5				
1/2 sleeve opening	10.5	11	11.5	12	12.5	13				

ACCOMMODATION

Australian Ice Racing has arranged discounted prices for the following 3 hotels.

Four Points by Sheraton (Marriott)

443 Docklands Drive Docklands

4 minutes walk to rink

[Click here](#) to book

Quest New Quay

26 Caravel Lane Docklands

8 minutes walk to the rink

[Click here](#) to book and enter promo code: ICE30



Heading to the
National Ice Racing
Championships?

Located only a short distance from O'Brien Ice House in Docklands, Quest New Quay is the perfect place to stay. Visit www.questnewquay.com.au, select dates and enter the promo code ICE20 for 20% off our lowest rates. Valid 20 Sep - 10 Oct 2022

FIND OUT MORE
QUESTNEWQUAY.COM.AU

questnewquay@questapartments.com.au | 03 9070 8000

QUEST
BY QUAY

Travelodge

66 Aurora Ln, Docklands VIC 3008

25 minutes walk to the rink or free public transport and then a 5 minute walk to the rink

[Click here](#) to book and enter promo code: TH14838889

Other accommodation options

Atlantis Hotel

300 Spencer Street, Melbourne, VIC 3008

<https://www.atlantishotel.com.au/>

Melbourne central YHA

<https://www.yha.com.au/hostels/vic/melbourne-hostels/melbourne-central-hostel/>