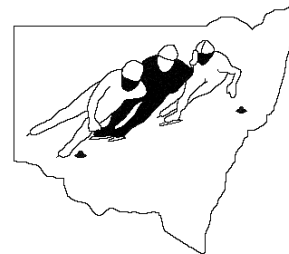


Ice Speed Skating Association of NSW Inc.

Event co-ordinator : janet.taylor@LANSA.co.au or 0415 800 653



Sydney Sprint Cup

SUNDAY 27th AUGUST

4pm to 6.45 pm

Canterbury Olympic Ice Rink, Phillips Avenue, Canterbury

Note: If you wish to skate in this event, you **MUST** give notice of your wish to skate and the division you wish to skate in to the event co-ordinator by 19 August, 2006. You can do this via your club representative or coach.

Failure to give notice by 19 August will mean you can't skate in this event.

Cost? \$12.00 per skater. On arrival at the rink, please register and pay this fee at the Registration desk. Entry to the rink is free.

Divisions must have at least 4 skaters, otherwise you will skate in Division above. Skaters may enter only one division.

Divisions and distances:

Skate Schoolers & Pixies	125, 250, 222, 125
Nippers	125, 250, 333, 222 + relay
Midgets	125, 250, 500, 500 + relay
Sub-Juniors	250, 500, 500, 800 + relay
Juniors	500, 500, 500, 1000 + relay
Open	500, 500, 500, 1000 + relay
AWD	165, 333, 500, 333.
A Relay: Nipper, Midget, Sub-Juniors, Juniors	2000m (18 laps) 3 members per team from a club or made up team. A team can be a combination of: <ul style="list-style-type: none">• Nipper/Midget or• Midget/Sub Junior or• Sub Junior/Junior.
Skaters in this relay cannot also enter the B relay.	
B Relay: Sub-Junior, Junior, Open	3000m (27 laps) 4 members per team from a club or made up team. A team can be any combination of Sub-Juniors, Juniors and Open division skaters.
Skaters in this relay cannot also enter the A relay.	Skaters who intend skating in this relay MUST be able to skate 500m in 60 seconds or faster.

Skaters participating in the Relays must try to wear their Club Uniforms or some form of similar clothing so they can be identified by the Officials. **Please notify the event co-ordinator of the identifying team clothing your team will wear and the team name by August 19th.** (Individuals in team can be notified on the day.)

Supper will be served in the canteen at the end of the event.

While every care will be taken for every skater's safety, please be aware that you participate in this event at your own risk.

